

10. Use the STAR Method

- ▶ **STOP** when it's time to make a sportsmanship decision; before you do something you might regret.
- ▶ **THINK** about how your actions might affect you, your child, the team, the opponents, and the officials.
- ▶ **ACT** right away to show good sportsmanship. Your actions demonstrate what you're all about inside — a good sport, or a poor sport.
- ▶ **REPLAY** your actions. Go over in your mind what you did, and think about what you can do better next time.

"CHILDREN HAVE NEVER BEEN VERY GOOD AT LISTENING TO THEIR ELDERS, BUT THEY HAVE NEVER FAILED TO IMITATE THEM!"

— JAMES ARTHUR BALDWIN,
AMERICAN AUTHOR

STAR

Sportsmanship™



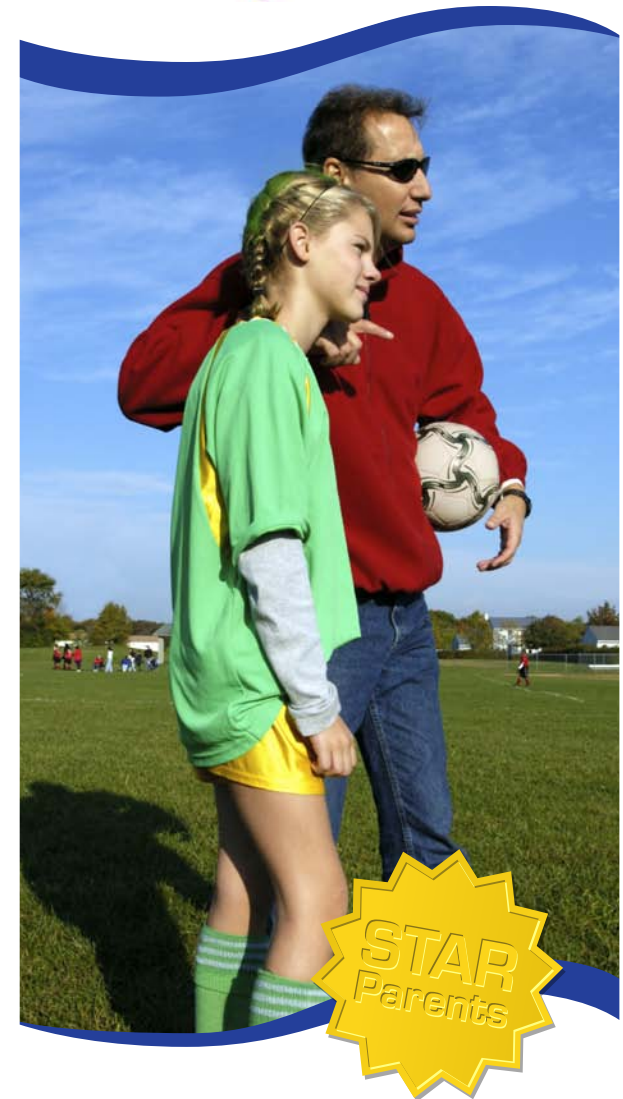
To find out how to enroll your school in the STAR Sportsmanship program call
Toll Free (866) 552-9192

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STAR

Sportsmanship™



**HOW PARENTS TEACH
SPORTSMANSHIP TO CHILDREN**



The most important thing you can do to help your child learn good sportsmanship is by being a good sport yourself.

The 10 suggestions contained in this brochure are merely examples of good sportsmanship.

1. Don't coach from the stands

- ▶ Student athletes are already worried enough about their game play without having to listen to someone else's advice. Most young people feel embarrassed when their parents shout suggestions.

2. Keep your comments positive

- ▶ Build athletes up as they "risk it all" in front of a crowd of their peers and family.

3. Applaud all good plays

- ▶ Most of the kids in any athletic contest are there to have fun. Let athletes on both sides of the field know that you appreciate their efforts.

"LIFE AFFORDS NO GREATER RESPONSIBILITY, NO GREATER PRIVILEGE, THAN THE RAISING OF THE NEXT GENERATION!"

- C. EVERETT KOOP
FORMER U.S. SURGEON GENERAL

4. Point out examples of good sportsmanship

- ▶ In a world with so many highlights showing poor sportsmanship, make sure your children are aware of athletics that exemplify good sportsmanship.

5. Show respect for other spectators

- ▶ Consider that the athlete you are booing or coaching just may be the child of the person sitting next to you. Also remember that they probably came to enjoy the sport and not to see an adult have a temper tantrum. When your child sees you act respectfully to others, he or she will be respectful too.

6. Respect the role of the coach

- ▶ If you want your child to respect the coach, you need to show respect. Remember that although your child's coach may not always call the winning play, sports participation for most athletes is about having fun.



7. Respect and support the officials

- ▶ Think about it...what lesson does a child learn when he sees or hears his parent put down an official? Show respect to the officials and your child will show respect to you and other authority figures.

8. Study the rules of the game

- ▶ When you understand the rules of the game you will be able to support the officials in the calls that they make.

9. Teach your child to play by the rules

- ▶ When you understand the rules, you will be able to teach your child what to do to play within the rules.

"ONE MAN PRACTICING SPORTSMANSHIP IS FAR BETTER THAN A HUNDRED TEACHING IT!"

- KNUTE ROCKNE,
NOTRE DAME FOOTBALL COACH
(1918-1931)